

产品详述

INDIVIDUAL PRODUCT DETAILS

BR7006 坐姿高位下拉训练器 SEATED LAT PULLDOWN



1. 产品卡 Identity Card

型号 (Model)	BR7006
中文名 (Chinese Name)	坐姿高位下拉训练器
英文名 (English Name)	SEATED LAT PULLDOWN
主要肌肉 (Primary Muscle)	背阔肌 (Latissimus dorsi)
次要肌肉 (Secondary Muscles)	大圆肌 (Teres major), 肱二头肌 (Biceps brachii)

一句话点评 (One-line Pitch)

“多握把可全面刺激背部肌群，腿档、气压坐垫与防滑脚踏设计兼顾调节便捷度、训练稳定性与使用舒适度。”

"Multiple grip positions enable comprehensive stimulation of back muscle groups. The thigh-rest, gas-assisted seat and anti-slip footrest deliver convenient adjustment, stable training performance and superior user comfort."

2. 产品综述

BR7006 是一款专为背部肌群训练打造的高端挂片式力量训练设备，外观硬朗，结构坚固，适用于大型商业健身房及高端私教工作室。

设备动臂运动轨迹贴合背部肌纤维走向，符合肩关节自然运动模式，动作顺畅，肌肉刺激精准，训练感受舒适。

加长防滑握把设计支持从宽握到窄握不同肩宽用户的抓握需求，可精准激活背阔肌、大圆肌、斜方肌等核心背部肌群，满足个性化训练目标。

腿档适配不同腿部围度人群，支撑稳固且舒适，在保障动作路径与器械运行轨迹契合的同时，也提升了训练的稳定性与效率。结合气压辅助的无级调节座垫系统，训练者可快速找到理想发力位置，保持最佳姿态，进一步提升训练精准度与舒适度。

宽大防滑脚踏，提升动作过程中器械的稳定性，保障动作质量和训练安全。

2. Product Overview

BR7006 is a premium plate-loaded strength machine engineered for back muscle training. Featuring a rugged appearance and robust construction, it is ideal for large-scale commercial gyms and high-end personal training studios.

The movement path of its moving arm follows the orientation of back muscle fibers and complies with the natural motion pattern of the shoulder joint. It delivers smooth movement, precise muscle stimulation and a comfortable training experience.

Designed with extended non-slip handles, the machine accommodates users of different shoulder widths from wide-grip to narrow-grip positions. It effectively engages key back musculature including latissimus dorsi, teres major and trapezius muscles to meet individualized training goals.

The thigh pad fits users with varying thigh circumferences, delivering firm yet comfortable support. While keeping movement paths aligned with the machine's travel trajectory, it enhances training stability and efficiency. Equipped with a gas-assisted infinitely adjustable seat system, trainees can quickly locate their optimal power-generating position to maintain proper posture, further boosting training precision and comfort.

The wide non-slip footrest improves machine stability during exercise, safeguarding movement quality and training safety.

3.产品特点 | Key Features



结构稳固，运行稳定

高强度结构设计与精良工艺，保障设备在高频使用下依然稳定、安全。

Structurally robust with stable operation

High-strength structural design coupled with exquisite craftsmanship ensures stable and safe equipment performance under high-frequency usage.



加长防滑握把

提供更多握距选择，多角度刺激背部肌群，助力塑造更完整、更具层次的背部轮廓。

Extended Non-Slip Handles

Offers more grip-width options to target the back from different angles, helping build a fuller, more defined back.



气动无极调节座垫

实现快速、精准的高度调节，确保训练姿态自然贴合发力路径，适配多种体型用户需求。

Gas-Assisted Stepless Adjustable Seat

Enables fast and precise height adjustment to ensure natural training posture aligned with the force-output path, meeting demands of users with various body types.



宽大防滑脚踏

防止训练过程中器械移动，保障动作稳定性和训练安全。

Wide Anti-Slip Footrest

Prevents machine shifting during workouts, securing movement stability and training safety.

4.主要参数

功能分类 Functional	单功能 Single Function
产品尺寸（长x宽x高） Dimensions (L × W × H)	1780mm×1580mm×2015mm 70"×62"×79"
产品净重 Net Weight	215Kg/474lbs（预估）
产品空载起始重量 Starting weight without load	One side 5Kg /11lbs（预估）
产品最大承重 Max Load Capacity	One side 150Kg/331lbs
训练把手材质 Training handle material	304不锈钢、滚花 stainless steel、knurling
连杆装置 Linkage mechanism	是 YES
主框架管材 Main Frame Tubing	PT 50×100×2.5mm
动臂管材 Arm Tubing	RJ 50×70×3.0mm